

FEDERATIA ROMANA DE POWERLIFTING

Incercare reusita
 incercare nereusita
 renunta la incercare

FOAIE DE CONCURS

CAMPIONATUL NATIONAL DE POWERLIFTING Juniori/Junioare 2010
ALBA IULIA, 28-29 MAI 2010

SERIA 1 - FEMININ

| NR. CRT | NUME CONCURRENT | CLUB | CAT. | GR. | WILKS | GENUFLEXIUNI | | | REZ. | LOC | IMPINS DIN CULCAT | | | REZ. | LOC | INDREPTARI | | | REZ. | LOC | TOTAL | LOC | SINCLAIR w.F. |
|---------|-------------------|---------------|------|------|--------|--------------|----|------|------|-----|-------------------|------|------|------|-----|------------|-----|-----|------|-----|--------|-----|---------------|
| | | | | | | G1 | G2 | G3 | | | IC 1 | IC 2 | IC 3 | | | I1 | I2 | I3 | | | | | |
| 1 | LUPSA PETRONELA | ZAMOLXIS ALBA | 44 | 33.7 | 1,4936 | 15 | 15 | 20 | 20 | 2 | 15 | 20 | R | 20 | 1 | 35 | R | R | 35 | 1 | 75 | 1 | 112,02 |
| 2 | ARADI ALEXANDRA | ZAMOLXIS ALBA | 44 | 41.2 | | 30 | R | R | 30 | 1 | R | R | R | - | R | R | R | - | - | 30 | - | 0 | |
| 3 | SIMIONESCU LARISA | ZAMOLXIS ALBA | 48 | 47.9 | 1,3265 | 60 | 70 | 75 | 70 | 1 | 25 | 30 | R | 25 | 2 | 55 | 60 | 65 | 60 | 1 | 155 | 1 | 205,6075 |
| 4 | POPA MIHAELA | ZAMOLXIS ALBA | 48 | 44.2 | | 20 | 25 | 30 | 30 | 2 | 20 | 25 | 30 | 25 | 1 | 35 | 40 | 45 | 45 | 2 | 100 | 2 | 0 |
| 5 | SILINCA DIANA | ZAMOLXIS ALBA | 52 | 51.0 | | 75 | 80 | 85 | 85 | 2 | 25 | 30 | 35 | 35 | 2 | 80 | 90 | 100 | 90 | 2 | 210 | 2 | 0 |
| 6 | MUNTEAN CORINA | ZAMOLXIS ALBA | 52 | 48.7 | 1,3103 | 85 | 90 | 95 | 90 | 1 | 45 | 50 | 50 | 45 | 1 | 100 | 110 | 115 | 110 | 1 | 245 | 1 | 321,0235 |
| 7 | BOLEA MARIA | ZAMOLXIS ALBA | 56 | 53.1 | | 30 | 30 | 35 | 35 | 2 | 25 | 30 | 35 | 30 | 2 | 45 | 50 | 55 | 55 | 2 | 120 | 2 | 0 |
| 8 | BULAI EMILIA | BRONX BACAU | 56 | 55.6 | 1,1832 | 55 | 65 | 70 | 70 | 1 | 45 | 50 | 50 | 45 | 1 | 75 | 85 | 100 | 85 | 1 | 200 | 1 | 236,64 |
| 9 | DABIJA IULIANA | BRONX BACAU | 60 | 57.1 | | 50 | 60 | 62,5 | 62,5 | 2 | 35 | 37,5 | 37,5 | 35 | 1 | 70 | 85 | 105 | 85 | 2 | 182,50 | 2 | 0 |
| 10 | CISTELECAN ARMINA | ZAMOLXIS ALBA | 60 | 59.9 | 1,1163 | 80 | R | R | 80 | 1 | 35 | R | R | 35 | 2 | 85 | 95 | R | 95 | 1 | 210 | 1 | 234,423 |

SERIA 2 - FEMININ

| NR. CRT | NUME CONCURRENT | CLUB | CAT. | GR. | WILKS | GENUFLEXIUNI | | | REZ. | LOC | IMPINS DIN CULCAT | | | REZ. | LOC | INDREPTARI | | | REZ. | LOC | TOTAL | LOC | SINCLAIR w.F. |
|---------|-----------------|---------------|------|-------|--------|--------------|-----|-----|------|-----|-------------------|------|------|------|-----|------------|-----|-------|-------|-----|--------|-----|---------------|
| | | | | | | G1 | G2 | G3 | | | IC 1 | IC 2 | IC 3 | | | I1 | I2 | I3 | | | | | |
| 11 | LUPSA FLORINA | ZAMOLXIS ALBA | 67 | 60.5 | | 30 | 35 | 40 | 35 | 3 | 15 | 20 | 25 | 25 | 3 | 65 | 70 | 70 | 70 | 3 | 130 | 3 | 0 |
| 12 | SUSU ANDRADA | ZAMOLXIS ALBA | 67 | 60,1 | | 70 | 75 | 80 | 80 | 1 | 30 | 35 | 37,5 | 35 | 2 | 80 | 85 | 90 | 90 | 2 | 205 | 2 | 0 |
| 13 | IANCAU LUMINITA | ZAMOLXIS ALBA | 67 | 61.7 | 1,0925 | 60 | 65 | 70 | 70 | 2 | 30 | 40 | 50 | 50 | 1 | 70 | 85 | 95 | 95 | 1 | 215 | 1 | 234,8875 |
| 14 | OARGA LARISA | ZAMOLXIS ALBA | 75 | 67.6 | | 30 | R | R | 30 | 2 | R | R | R | - | R | R | R | - | - | 30 | - | 0 | |
| 15 | OPRIN ALEXANDRA | ZAMOLXIS ALBA | 75 | 68.1 | 1,0153 | 75 | 85 | 100 | 85 | 1 | 50 | 55 | 55 | 50 | 1 | 80 | 90 | 102,5 | 102,5 | 1 | 237,50 | 1 | 241,13375 |
| 16 | AVRAM ALEXANDRA | ZAMOLXIS ALBA | 82 | 75.10 | 0,9587 | 75 | R | R | 75 | 1 | 35 | R | R | 35 | 1 | 80 | R | R | 80 | 1 | 190 | 1 | 182,153 |
| 17 | STURZA ANAMARIA | ZAMOLXIS ALBA | 90 | 111.6 | 0,8108 | 110 | 120 | 130 | 120 | 1 | 35 | R | R | 35 | 4 | 100 | 130 | R | 100 | | 255 | 1 | 206,754 |
| 18 | BALEA MARIA | ZAMOLXIS ALBA | 90 | 97,4 | | 45 | 50 | 55 | 55 | 4 | 25 | 30 | 35 | 35 | 3 | 40 | 45 | 60 | 60 | | 150 | 4 | 0 |
| 19 | TUDOR EMILIA | ZAMOLXIS ALBA | 90 | 93.7 | | 80 | 85 | 85 | 80 | 3 | 40 | 45 | 45 | 40 | 1 | 80 | 95 | 102,5 | 102,5 | | 222,5 | 3 | 0 |
| 20 | PIRVA CARMEN | ZAMOLXIS ALBA | 90 | 95.4 | | 65 | 70 | 85 | 85 | 2 | 30 | 40 | 50 | 40 | 2 | 80 | 90 | 105 | 105 | | 230 | 2 | 0 |

CLASAMENT OPEN FEMININ (SINCLAIR - NUMAI LOCURILE 1 TOTAL)

| NUME SPORTIV | TOTAL KG | PCT W.F. | LOC |
|--------------|----------|----------|-----|
|--------------|----------|----------|-----|

| | | | |
|-----------------|-------|-----------|---|
| MUNTEAN CORINA | 245 | 321,02 | 1 |
| OPRIN ALEXANDRA | 237,5 | 241,13375 | 2 |
| BULAI EMILIA | 200 | 236,64 | 3 |

CLASAMENT ECHIBE - FEMININ

| | |
|------------------------|-----|
| CLUB SPORTIV | LOC |
| CS ZAMOLXIS ALBA IULIA | 1 |
| CS BRONX POWERLIFTING | 2 |
| | |

SERIA 1 - MASCULIN

| NR. CRT | NUME CONCURRENT | CLUB | CAT. | GR. | WILKS | GENUFLEXIUNI | | | REZ. | LOC | IMPINS DIN CULCAT | | | REZ. | LOC | INDREPTARI | | | REZ. | LOC | TOTAL | LOC | SINCLAIR w.F. |
|---------|----------------------|---------------|------|------|--------|--------------|-----|-------|-------|-----|-------------------|------|------|------|-----|------------|-----|-------|-------|-----|-------|-----|---------------|
| | | | | | | G1 | G2 | G3 | | | IC 1 | IC 2 | IC 3 | | | I1 | I2 | I3 | | | | | |
| 1 | ADAM SILVIU | ZAMOLXIS ALBA | 56 | 56 | | 75 | 75 | 75 | 0 | - | 55 | 60 | 60 | 55 | 1 | 70 | 75 | 80 | 80 | 1 | 135 | - | 0 |
| 2 | DANILA VASILE | FLEX IASI | 60 | 57,1 | | 80 | 95 | 95 | 95 | 3 | 60 | 67,5 | 70 | 67,5 | 3 | 125 | 140 | 145 | 140 | 3 | 302,5 | 3 | 0 |
| 3 | TOPARCEANU MIHAI | ZAMOLXIS ALBA | 60 | 57,5 | | 80 | 85 | 90 | 90 | 4 | 60 | 65 | 70 | 70 | 2 | 100 | 105 | 115 | 115 | 4 | 275 | 4 | 0 |
| 4 | SELESAN CATALIN | ZAMOLXIS ALBA | 60 | 60 | 0,8529 | 105 | 115 | 120 | 105 | 2 | 80 | 85 | 85 | 80 | 1 | 135 | 145 | 152,5 | 145 | 2 | 330 | 1 | 281,457 |
| 5 | MICLEA FLORIN | VIRF | 60 | 56,8 | | 100 | 110 | 120 | 110 | 1 | 50 | 60 | 65 | 60 | 4 | 130 | 140 | 150 | 150 | 1 | 320 | 2 | 0 |
| 6 | VULPE ADRIAN | BRONX BACAU | 67 | 60,7 | | 50 | 70 | 120 | 70 | 5 | 70 | 90 | 90 | 70 | 4 | 80 | 115 | 140 | 115 | 4 | 255 | 5 | 0 |
| 7 | VESA ANDREI | ZAMOLXIS ALBA | 67 | 66,8 | | 90 | 95 | 107,5 | 107,5 | 3 | 80 | 90 | 90 | 80 | 3 | 140 | 150 | 150 | 140 | 2 | 327,5 | 3 | 0 |
| 8 | DIE MARIUS | ZAMOLXIS ALBA | 67 | 61,8 | | 95 | 100 | 110 | 100 | 4 | 60 | 65 | 70 | 65 | 5 | 100 | 105 | 110 | 110 | 5 | 275 | 4 | 0 |
| 9 | ONOLOV BOGDAN | ZAMOLXIS ALBA | 67 | 62,7 | 0,8212 | 140 | 150 | 160 | 150 | 1 | 100 | 105 | 110 | 105 | 1 | 140 | 150 | 152,5 | 152,5 | 1 | 407,5 | 1 | 334,639 |
| 10 | SIMION DAN | ZAMOLXIS ALBA | 67 | 67,1 | | 110 | 115 | 125 | 125 | 2 | 95 | 95 | 100 | 95 | 2 | 130 | 135 | 140 | 135 | 3 | 355 | 2 | 0 |
| 11 | KARA LEVENT | ZAMOLXIS ALBA | 75 | 73,3 | | 130 | 140 | 150 | 130 | 1 | 90 | 100 | 110 | 90 | 4 | 130 | 140 | 150 | 150 | 3 | 370 | 3 | 0 |
| 12 | NALICIADJI VLADISLAV | ZAMOLXIS ALBA | 75 | 71,6 | | 110 | 120 | 130 | 120 | 3 | 70 | 75 | 80 | 75 | 6 | 120 | 135 | 145 | 145 | 4 | 340 | 5 | 0 |
| 13 | VERES TIBI | ZAMOLXIS ALBA | 75 | 71,4 | | 50 | 55 | 55 | 55 | 7 | 30 | 40 | 55 | 55 | 7 | 80 | 90 | 100 | 100 | 7 | 210 | 7 | 0 |
| 14 | DICU CRISTIAN | ZAMOLXIS ALBA | 75 | 74,9 | 0,7132 | 120 | R | R | 120 | 4 | 150 | 160 | 160 | 150 | 1 | 170 | 180 | 190 | 190 | 1 | 460 | 1 | 328,072 |
| 15 | LUPASCU DARIUS | VIRF | 75 | 73,8 | | 110 | 120 | 130 | 130 | 2 | 75 | 85 | 92,5 | 92,5 | 3 | 120 | 135 | 142,5 | 142,5 | 5 | 365 | 4 | 0 |
| 16 | DOBARTA SERGIU | ZAMOLXIS ALBA | 75 | 74 | | 100 | 110 | 120 | 110 | 5 | 80 | 85 | 95 | 85 | 5 | 110 | 125 | 140 | 140 | 6 | 335 | 6 | 0 |
| 17 | IUHASZ DANIEL | ZAMOLXIS ALBA | 75 | 73 | | 90 | 110 | 110 | 110 | 6 | 90 | 100 | 105 | 100 | 2 | 135 | 150 | 160 | 160 | 2 | 370 | 2 | 0 |

SERIA 2 - MASCULIN

| NR. CRT | NUME CONCURRENT | CLUB | CAT. | GR. | WILKS | GENUFLEXIUNI | | | REZ. | LOC | IMPINS DIN CULCAT | | | REZ. | LOC | INDREPTARI | | | REZ. | LOC | TOTAL | LOC | SINCLAIR w.F. |
|---------|-------------------|---------------|------|------|--------|--------------|-----|-----|------|-----|-------------------|------|-------|------|-----|------------|-------|-------|-------|-----|-------|-----|---------------|
| | | | | | | G1 | G2 | G3 | | | IC 1 | IC 2 | IC 3 | | | I1 | I2 | I3 | | | | | |
| 18 | ARGHIRESCU RAZVAN | ZAMOLXIS ALBA | 82 | 78,2 | | 40 | 55 | 60 | 60 | 3 | 30 | 35 | 45 | 35 | 3 | 70 | 80 | 90 | 90 | 3 | 185 | 3 | 0 |
| 19 | MARCOV DARKO | ZAMOLXIS ALBA | 82 | 82,4 | 0,6709 | 190 | 205 | 210 | 205 | 1 | 130 | 140 | 142,5 | 140 | 2 | 202,5 | 217,5 | 225 | 225 | 1 | 570 | 1 | 382,413 |
| 22 | MUNTEAN IONUT | ZAMOLXIS ALBA | 82 | 81,6 | | 170 | 180 | 195 | 180 | 2 | 130 | 140 | 150 | 150 | 1 | 200 | 215 | 222,5 | 222,5 | 2 | 552,5 | 2 | 0 |
| 20 | PAVEL IULIAN | BRONX BACAU | 90 | 87,7 | | 260 | 280 | 280 | 280 | 1 | 160 | 160 | 160 | 0 | - | 270 | 290 | 290 | 270 | 1 | 550 | - | 0 |

| | | | | | | | | | | | | | | | | | | | | | | | |
|----|---------------|---------------|-----|-------|--------|-----|-----|-------|-------|---|-----|-------|-------|-----|---|-----|-----|-------|-------|---|-----|---|----------|
| 21 | KAKUJA MIHAI | ZAMOLXIS ALBA | 90 | 86,8 | 0,6507 | 140 | 140 | 160 | 160 | 2 | 110 | 130 | 140 | 130 | 1 | 200 | 215 | 225 | 215 | 2 | 505 | 1 | 328,6035 |
| 23 | IUREA MATEI | ZAMOLXIS ALBA | 100 | 96,1 | 0,6188 | 170 | 180 | 192,5 | 192,5 | 1 | 150 | 160 | 165 | 165 | 1 | 190 | 205 | 212,5 | 212,5 | 2 | 570 | 1 | 352,716 |
| 24 | LUPAS IONUT | ZAMOLXIS ALBA | 100 | 93,9 | | 150 | 165 | 170 | 170 | 3 | 105 | 115 | 120 | 105 | 3 | 190 | 210 | 225 | 225 | 1 | 500 | 3 | 0 |
| 25 | REVESZ LEVENT | ZAMOLXIS ALBA | 100 | 90,1 | | 190 | 200 | 200 | 190 | 2 | 125 | 132,5 | 132,5 | 125 | 2 | 190 | 195 | R | 190 | 3 | 505 | 2 | 0 |
| 26 | ALBU CORNEL | ZAMOLXIS ALBA | 110 | 102,5 | 0,6028 | 140 | 150 | 160 | 160 | 1 | 80 | 90 | 90 | 80 | 3 | 140 | 160 | 170 | 170 | 2 | 410 | 1 | 247,148 |
| 27 | IOICA IULIAN | ZAMOLXIS ALBA | 110 | 100,4 | | 130 | 135 | 140 | 140 | 2 | 60 | 70 | 80 | 70 | 4 | 170 | 175 | 180 | 180 | 1 | 390 | 2 | 0 |
| 28 | ORDEAN IOAN | ZAMOLXIS ALBA | 110 | 100,3 | | 110 | 120 | 130 | 130 | 3 | 90 | 95 | 100 | 95 | 2 | 140 | 150 | 155 | 155 | 4 | 380 | 4 | 0 |
| 29 | BARNA IONUT | ZAMOLXIS ALBA | 110 | 108 | | 100 | 120 | 120 | 120 | 4 | 100 | 120 | 120 | 100 | 1 | 100 | 140 | 170 | 170 | 3 | 390 | 3 | 0 |
| 30 | MAND CRISTIAN | ZAMOLXIS ALBA | 125 | 120,4 | 0,5745 | 230 | 250 | 270 | 250 | 1 | 180 | 190 | 200 | 200 | 1 | 220 | 240 | 260 | 260 | 1 | 710 | 1 | 407,895 |

CLASAMENT OPEN MASCULIN (SINCLAIR - NUMAI LOCURILE 1 TOTAL)

| NUME SPORTIV | TOTAL KG | PCT W.F. | LOC |
|---------------|----------|----------|-----|
| MAND CRISTIAN | 710 | 407,90 | 1 |
| MARCOV DARKO | 570 | 382,413 | 2 |
| IUREA MATEI | 570 | 352,716 | 3 |

CLASAMENT ECHIPE - MASCULIN

| CLUB SPORTIV | LOC |
|------------------------|-----|
| CS ZAMOLXIS ALBA IULIA | 1 |
| CS BRONX POWERLIFTING | 2 |
| CS VIRF | 3 |
| CS FLEX IASI | 4 |