

## FOAIE DE CONCURS POWERLIFTING

COMPETITIA : CAMPIONATUL NATIONAL DE POWERLIFTING masculin, seniori 2009

ORGANIZATOR: FEDERATIA ROMANA DE POWERLIFTING

DATA: 29.11.2009

LOCUL DESFASURARII: ALBA IULIA

| NR. CRT | NUME CONCURRENT     | CLUB     | CAT. | GR.  | WILKS  | GENUFLEXIUNI |     |      | REZ. | LOC | IMPINS DIN CULCAT |      |      | REZ. | LOC | INDREPTARI |       |       | REZ.  | LOC | TOTAL | LOC | SINCLAIR w.F. |
|---------|---------------------|----------|------|------|--------|--------------|-----|------|------|-----|-------------------|------|------|------|-----|------------|-------|-------|-------|-----|-------|-----|---------------|
|         |                     |          |      |      |        | G1           | G2  | G3   |      |     | IC 1              | IC 2 | IC 3 |      |     | I1         | I2    | I3    |       |     |       |     |               |
| 1       | Danila Vasile       | FLEX     | 56   | 55.9 |        | 0            | 70  | 75   | 75   | 2   | 55                | 60   | 62.5 | 62.5 | 2   | 100        | 115   | 125   | 125   | 2   | 263   | 2   | 0             |
| 2       | Lancranjan Ioan     | Zamolxis | 56   | 55.5 | 0.9184 | 70           | 75  | 80   | 80   | 1   | 50                | 55   | 62.5 | 62.5 | 1   | 115        | 120   | 125   | 125   | 1   | 268   | 1   | 245.672       |
| 3       | Onolov Bogdan       | Zamolxis | 60   | 58.6 | 0.8717 | 0            | 0   | 100  | 100  | 1   | 90                | 0    | 0    | 90   | 1   | 100        | 110   | 115   | 115   | 2   | 305   | 1   | 265.8685      |
| 4       | Die Marius          | Zamolxis | 60   | 59.2 |        | 90           | 95  | 97.5 | 97.5 | 2   | 55                | 60   | 62.5 | 62.5 | 2   | 95         | 100   | 117.5 | 117.5 | 1   | 278   | 2   | 0             |
| 5       | Juhasz Daniel       | Zamolxis | 67.5 | 66.5 | 0.7804 | 90           | 100 | 110  | 110  | 1   | 90                | 95   | 0    | 95   | 1   | 130        | 135   | 140   | 140   | 2   | 345   | 1   | 269.238       |
| 6       | Vesa Andrei         | Zamolxis | 67.5 | 65.1 |        | 85           | 90  | 95   | 95   | 2   | 0                 | 0    | 85   | 85   | 2   | 140        | 0     | 145   | 145   | 1   | 325   | 2   | 0             |
| 7       | Macovei Alex        | Zamolxis | 75   | 74.3 |        | 50           | 0   | 0    | 50   | 3   | 100               | 110  | 0    | 110  | 3   | 50         | 0     | 0     | 50    | 3   | 210   | 3   | 0             |
| 8       | Poenaru Catalin     | Zamolxis | 75   | 74.1 | 0.7186 | 180          | 0   | 200  | 200  | 1   | 120               | 130  | 140  | 140  | 1   | 180        | 190   | 0     | 190   | 1   | 530   | 1   | 380.858       |
| 9       | Dicu Cristian       | Zamolxis | 75   | 74.1 |        | 120          | 0   | 0    | 120  | 2   | 110               | 130  | 135  | 135  | 2   | 150        | 175   | 180   | 180   | 2   | 435   | 2   | 0             |
| 10      | Harmanescu Octavian | Zamolxis | 82.5 | 80.5 |        | 0            | 0   | 0    | 0    | 7   | 0                 | 0    | 0    | 0    | 7   | 0          | 0     | 0     | 0     | 7   | 0     | 7   | 0             |
| 11      | Dumitrache Dan (HC) | Zamolxis | 82.5 | 79.4 |        | 0            | 320 | 0    | 320  | HC  | 190               | 0    | 0    | 190  | HC  | 0          | 260   | 0     | 260   | HC  | 770   | HC  | 0             |
| 12      | Truta Alin          | Zamolxis | 82.5 | 76.8 |        | 110          | 120 | 135  | 135  | 4   | 0                 | 100  | 110  | 110  | 5   | 150        | 0     | 170   | 170   | 6   | 415   | 4   | 0             |
| 13      | Marcov Darco        | Zamolxis | 82.5 | 79.1 |        | 0            | 115 | 0    | 115  | 5   | 100               | 115  | 0    | 115  | 4   | 140        | 175   | 0     | 175   | 5   | 405   | 5   | 0             |
| 14      | Silince Vasile      | Zamolxis | 82.5 | 80   |        | 200          | 210 | 215  | 215  | 2   | 110               | 120  | 0    | 120  | 3   | 200        | 215   | 222.5 | 222.5 | 3   | 558   | 2   | 0             |
| 15      | Capusan Cosmin      | Zamolxis | 82.5 | 80.6 |        | 0            | 175 | 0    | 175  | 3   | 130               | 0    | 140  | 140  | 1   | 200        | 217.5 | 0     | 217.5 | 4   | 533   | 3   | 0             |
| 16      | Rosca Ioan          | Zamolxis | 82.5 | 81.8 | 0.6739 | 230          | 235 | 0    | 235  | 1   | 130               | 140  | 0    | 140  | 2   | 220        | 230   | 0     | 230   | 2   | 605   | 1   | 407.71        |
| 17      | Pavel Iulian        | Zamolxis | 82.5 | 80   |        | 0            | 0   | 0    | 0    | 6   | 0                 | 0    | 0    | 0    | 6   | 220        | 235   | 0     | 235   | 1   | 235   | 6   | 0             |
| 18      | Maxin Sergiu        | Zamolxis | 90   | 83.6 |        | 140          | 0   | 0    | 140  | 4   | 120               | 130  | 0    | 130  | 2   | 180        | 0     | 0     | 180   | 3   | 450   | 3   |               |
| 19      | Panazan Ovidiu      | Zamolxis | 90   | 84.3 | 0.661  | 0            | 260 | R    | 260  | 2   | 190               | 200  | 0    | 200  | 1   | 200        | R     | R     | 200   | 2   | 660   | 1   | 436.26        |
| 20      | Sorcoi Daniel       | Zamolxis | 90   | 89.9 |        | 300          | 0   | 0    | 300  | 1   | 0                 | 0    | 0    | 0    | 4   | 0          | 0     | 0     | 0     | 4   | 300   | 4   |               |
| 21      | Muntean Ionut       | Zamolxis | 90   | 82.6 |        | 170          | 180 | 0    | 180  | 3   | 120               | 0    | 0    | 120  | 3   | 200        | 210   | 0     | 210   | 1   | 510   | 2   |               |

|    |                 |          |      |       |        |     |     |     |     |   |     |     |       |       |   |     |     |       |       |   |     |   |         |
|----|-----------------|----------|------|-------|--------|-----|-----|-----|-----|---|-----|-----|-------|-------|---|-----|-----|-------|-------|---|-----|---|---------|
| 22 | Revesz Levente  | Zamolxis | 100  | 90.1  |        | 140 | 0   | 0   | 140 | 2 | 70  | 0   | 0     | 70    | 2 | 150 | 0   | 0     | 150   | 2 | 360 | 2 |         |
| 23 | Balogh Gergo    | Zamolxis | 100  | 90.1  | 0.638  | 175 | 188 | 200 | 200 | 1 | 125 | 138 | 0     | 137.5 | 1 | 200 | 215 | 222.5 | 222.5 | 1 | 560 | 1 | 357.28  |
| 24 | Lucian Otoiu    | Zamolxis | 110  | 101.8 | 0.6044 | 250 | 0   | 285 | 285 | 1 | 160 | 180 | 0     | 180   | 1 | 230 | 250 | 0     | 250   | 1 | 715 | 1 | 432.146 |
| 25 | Martin Bogdan   | Zamolxis | 110  | 106.4 |        | 120 | 130 | 145 | 145 | 3 | 100 | 0   | 0     | 100   | 3 | 150 | 160 | 170   | 170   | 3 | 415 | 3 |         |
| 26 | Oprin Lucian    | Zamolxis | 110  | 109.2 |        | 150 | 0   | 170 | 170 | 2 | 140 | 0   | 0     | 140   | 2 | 0   | 0   | 220   | 220   | 2 | 530 | 2 |         |
| 27 | Mand Cristian   | Zamolxis | 125  | 115.3 |        | 0   | 0   | 0   | 0   | 3 | 0   | 0   | 0     | 0     | 3 | 0   | 0   | 0     | 0     | 3 | 0   | 3 |         |
| 28 | Cazacu Sorin    | Zamolxis | 125  | 122.4 | 0.5724 | 320 | 330 | 0   | 330 | 1 | 130 | 140 | 147.5 | 147.5 | 1 | 240 | 260 | 0     | 260   | 1 | 738 | 1 | 422.145 |
| 29 | Pastor Dan      | Zamolxis | 125  | 119.8 |        | 190 | 210 | 215 | 215 | 2 | 120 | 135 | 145   | 145   | 2 | 180 | 210 | 225   | 225   | 2 | 585 | 2 |         |
| 30 | Patru Valentin  | Zamolxis | >125 | 137.2 |        | 285 | 295 | 300 | 300 | 2 | 0   | 150 | 160   | 160   | 2 | 280 | 290 | 0     | 290   | 1 | 750 | 2 |         |
| 31 | Muresan Tiberiu | Zamolxis | >125 | 133.6 | 0.5629 | 300 | 320 | 0   | 320 | 1 | 200 | 0   | 0     | 200   | 1 | 280 | 0   | 0     | 280   | 2 | 800 | 1 | 450.32  |

CLASAMENT SINCLAIR (OPEN)

| NUME SPORTIV    | TOTAL KG | PCT W.F. | LOC |
|-----------------|----------|----------|-----|
| Muresan Tiberiu | 800      | 450.32   | 1   |
| Panazan Ovidiu  | 660      | 436.26   | 2   |
| Lucian Otoiu    | 715      | 432.146  | 3   |

CLASAMENT ECHIPE

| CLUB SPORTIV    | PUNCTAJ | LOC |
|-----------------|---------|-----|
| <b>ZAMOLXIS</b> |         | 1   |
| FLEX            |         |     |
|                 |         |     |

| COMISIA DE      |  |
|-----------------|--|
| <b>ARBITRII</b> |  |
| FRATILA IOAN    |  |
| CAZACU SORIN    |  |
| PANAZAN         |  |
| OVIDIU          |  |

| COMISIA TEHNICA |         |
|-----------------|---------|
| IOAN            | FRATILA |
| SORIN           | CAZACU  |

