

FEDERATIA ROMANA DE POWERLIFTING

REZULTATE

CAMPIONATUL NATIONAL DE POWERLIFTING 2019 M+F

06 - 07 APR. 2019

TIMISOARA

MASCULIN - SENIORI

Nr. Crt.	NUME si PRENUME	CLUB	LOCALITATE	Cat. GR.	GR. Corp	Anul nasterii	GENUFLEXIUNI					IMPINS DIN CULCAT					INDREPTARI					TOTAL		
							G1	G2	G3	REZ.	LOC	IC 1	IC 2	IC 3	REZ.	LOC	I1	I2	I3	REZ.	LOC	TOTAL	LOC	Formula IPF
2	Moise Cristian	C.S. Iron Team Ploiesti	Ploiesti	59	57.5	2001	155	160	X	160	1	80	85	90	90	1	140	150	X	150	1	400	1	454.1004
3	Melecciu Daniel	S.C.M. Bacău	Bacău	59	57.1	2002	85	100	110	100	3	55	57.5	62.5	57.5	3	120	137.5	152.5	137.5	2	295	2	369.6308
4	Stan Bogdan - Traian	C.S. Crişul Oradea	Oradea	59	56.7	1996	102.5	102.5	X	102.5	2	70	70	75	75	2	115	145	150	115	3	292.5	3	388.5311
1	Radu Raul	C.S. Zamolxis Alba Iulia	Alba Iulia	59	44.8	2005	50	57.5	65	65	4	30	32.5	35	35	5	60	70	75	75	4	175	4	290.4877
5	Balog Darius	C.S. Zamolxis Alba Iulia	Alba Iulia	59	58.9	2004	45	50	55	55	5	30	37.5	42.5	42.5	4	60	70	75	75	5	172.5	5	231.8544
6	Moise Gheorghe	C.S. Iron Team Ploiesti	Ploiesti	66	64.8	1995	240	X	X	240	1	165	X	X	165	1	200	222.5	227.5	227.5	1	632.5	1	621.5423
7	Pauna Iulian	C.S. Athletic Club Powerlifting	Turda	66	64.9	1987	155	155	170	155	2	105	110	120	110	2	160	180	200	200	3	465	2	473.9264
8	Sărbu Victor	C.S. Caza Powerlifting	Timişoara	66	65.4	1993	140	150	150	140	3	100	105	105	100	3	140	X	X	140	6	380	3	397.3
9	Tat Carlos	C.S. Zamolxis Alba Iulia	Alba Iulia	66	63.8	2002	115	120	125	125	4	75	80	85	85	5	135	142.5	145	145	4	355	4	381.7946
10	Vrancianu Radu	S.C.M. Bacău	Bacău	66	65.3	2002	65	80	90	80	6	40	50	60	50	6	120	135	145	145	5	275	5	305.982
11	Feşteu Darius	C.S. Zamolxis Alba Iulia	Alba Iulia	66	63.7	2005	70	80	87.5	80	5	30	35	37.5	35	7	80	90	95	95	7	210	6	253.2811
12	Pop Bogdan	C.S. Athletic Club Powerlifting	Turda	66	63.9	1997	185	185	185	-	-	80	90	105	90	4	185	200	205	205	2	-	-	-
13	Ciofică Andrei	C.S. Unirea Alba Iulia	Alba Iulia	74	71.5	1990	220	232.5	240	240	1	185	192.5	195	192.5	2	210	217.5	230	230	1	662.5	1	606.9706
14	Buciuman Catalin Aurelian	C.S. Unirea Alba Iulia	Alba Iulia	74	74	1999	200	210	215	215	2	190	195	197.5	197.5	1	200	215	230	230	2	642.5	2	577.8485
15	Dragomir Ioan - Răzvan	C.S. Powerlifting Galda	Galda	74	71.7	1995	200	207.5	212.5	200	3	185	190	195	190	3	185	195	205	205	3	595	3	550.5639
16	SeutiŃ Răzvan-Andrei	C.S. Lupaş Power Bihor	Oradea	74	73.2	1988	150	150	160	160	4	100	105	X	150	4	180	190	207.5	190	5	500	4	480.7372
17	Guţă Tiberiu Mihai	C.S. Vlad Ursu Dac	Bucureşti	74	72.6	1998	130	132.5	145	145	5	110	120	120	110	8	160	170	180	170	6	425	5	416.1606
18	Borş Mădălin	C.S.M. Moineşti	Moineşti	74	72.4	1994	95	100	120	100	10	140	150	150	140	5	140	150	160	160	7	400	6	388.376
19	Mikacs Marian-Dorin	C.S. Cluj Crusaders	Cluj-Napoca	74	69.1	1991	105	105	110	105	8	85	90	92.5	92.5	9	175	190	200	200	4	397.5	7	397.9259
20	Stănescu Dan	C.S.M. Moineşti	Moineşti	74	71.9	1969	100	100	110	110	7	100	110	120	120	7	130	140	150	150	8	380	8	373.6995
21	Căpătână Marios	C.S. Iron Team Ploiesti	Ploiesti	74	70.1	2001	110	117.5	130	130	6	77.5	82.5	90	90	10	130	135	142.5	142.5	9	362.5	9	365.1603
22	Sălăjanu Alexandru Gabriel	C.S. Vlad Ursu Dac	Bucureşti	74	73.9	1979	50	70	85	85	12	120	125	130	125	6	110	125	150	125	10	335	10	351.3359
23	Niculae Viorel	C.S. Vlad Ursu Dac	Bucureşti	74	71	1976	80	90	95	95	11	70	80	X	70	12	100	110	120	120	11	285	11	298.2959
24	Balog Alexandru	C.S. Zamolxis Alba Iulia	Alba Iulia	74	67.7	2001	85	95	100	100	9	65	72.5	80	72.5	11	85	X	X	85	12	257.5	12	283.9759
25	Silaghi Craciun Cristian	C.S. Lupaş Power Bihor	Oradea	83	79.6	1992	220	220	240	240	2	190	195	200	200	1	220	240	255	255	1	695	1	592.9285
26	Avram Laurentiu	C.S. Unirea Alba Iulia	Alba Iulia	83	79.7	1995	260	260	X	260	1	175	190	195	190	2	220	232.5	255	232.5	2	682.5	2	600.1445
27	Năstasă Petru Florin	C.S. Viitorul Târgu Neamţ	Târgu Neamţ	83	80.3	1986	180	190	200	200	3	150	160	170	160	3	200	220	225	220	3	580	3	505.9665
28	Moiseanu Alexandru	C.S. Powerlifting Galda	Galda	83	81.7	1999	190	200	215	200	4	132.5	137.5	140	137.5	4	200	210	220	210	4	547.5	4	480.1049
29	Andrian Dumitru	C.S. Zamolxis Alba Iulia	Alba Iulia	83	77.3	1996	145	155	165	165	5	125	130	130	-	-	150	165	165	165	5	-	-	-
30	Irimie Andrei	C.S. Unirea Alba Iulia	Alba Iulia	93	83.4	1990	215	230	230	230	1	255	265	X	265	1	180	200	X	200	6	695	1	576.8673
31	Zorzon Raul Răzvan	C.S. Caza Powerlifting	Timişoara	93	87.3	1994	205	205	215	215	3	162.5	170	180	180	2	235	245	250	245	2	640	2	525.7149
32	Gârleanu Răzvan	C.S. Athletic Club Powerlifting	Turda	93	90.6	1986	190	205	215	215	4	125	130	130	130	9	235	245	255	255	1	600	3	483.0262
33	Petcu Andrei	C.S. Magii	Râmnicu Vâlcea	93	90.8	2000	200	215	220	200	7	130	140	145	145	7	220	240	252.5	240	3	585	4	480.6699
34	Jejeran James Stelian	C.S. Activ	Sibiu	93	92	2002	190	200	207.5	207.5	6	140	150	155	155	6	195	205	215	215	4	577.5	5	463.1628
35	Bunea Alexandru	C.S. Iron Team Ploiesti	Ploiesti	93	86.4	1988	220	230	235	230	2	160	160	170	160	4	140	160	180	160	9	550	6	474.0751
36	Blaj Adrian	C.S. Crişul Oradea	Oradea	93	83.5	1991	212.5	212.5	230	212.5	5	110	115	X	115	11	212.5	212.5	235	212.5	5	540	7	477.8041
37	Ciuca Valentin	C.S. Vlad Ursu Dac	Bucureşti	93	90.5	1981	150	160	170	170	9	145	155	160	155	5	150	175	185	185	7	510	8	419.3932
38	Oproiu Constantin	C.S. Iron Team Ploiesti	Ploiesti	93	91.4	1979	150	170	185	185	8	115	120	130	120	10	150	160	180	160	11	465	9	399.4836
39	Androne Călin	C.S. Zamolxis Alba Iulia	Alba Iulia	93	91.5	1992	75	95	115	115	13	170	172.5	175	175	3	75	115	145	145	12	435	10	363.9549
40	Popescu Mihai	C.S. Vlad Ursu Dac	Bucureşti	93	85	2002	115	125	130	115	12	135	135	135	135	8	170	185	185	170	8	420	11	379.0238
41	Paştiu Dennis	C.S. Zamolxis Alba Iulia	Alba Iulia	93	89	2002	130	135	140	140	10	80	82.5	85	82.5	12	150	160	X	160	10	382.5	12	331.8187
42	Oancea Orlando Andrei	C.S. Caza Powerlifting	Timişoara	93	89.9	2004	130	140	142.5	130	11	70	80	80	70	13	130	140	145	140	13	340	13	303.2756
43	Rădoi Mario	C.S. Powerlifting Herculane	Herculane	93	85.2	2005	100	100	105	100	14	55	60	62.5	60	14	100	X	X	100	14	260	14	249.7721

44	Bălăiță Ioan-Daniel	C.S. Powerlifting Galda	Galda	105	102.1	1974	300	X	X	300	1	170	297.5	X	170	1	190	220	232.5	232.5	2	702.5	1	521.4669
45	Pap Adrian-Alexandru	C.S. Cluj Crusaders	Cluj-Napoca	105	98	1992	70	210	220	210	2	135	145	145	145	2	250	260	270	270	1	625	2	480.0842
46	Heinrich Hanno	C.S. Cluj Crusaders	Cluj-Napoca	105	100.1	1989	190	202.5	205	205	3	112.5	120	120	120	4	210	220	X	220	3	545	3	421.0779
47	Zitzman Peter	C.S. Cluj Crusaders	Cluj-Napoca	105	102.2	1984	180	195	200	200	4	120	130	135	130	3	200	220	220	200	5	530	4	419.9363
48	Popa Mihai	C.S. Zamolxis Alba Iulia	Alba Iulia	105	95.4	1999	150	165	180	180	5	100	107.5	110	107.5	5	180	200	210	210	4	497.5	5	399.0588
49	Cazacu Sorin	C.S. Caza Powerlifting	Timișoara	120	119.8	1973	340	X	X	340	1	270	X	X	270	1	240	X	X	240	4	850	1	572.1517
50	Cazacu Alexandru	C.S. Caza Powerlifting	Timișoara	120	113.8	1997	290	300	315	300	2	195	200	205	205	3	200	220	250	250	2	755	2	526.8718
51	Varga Octavian	C.S. Powerlifting Stremț	Stremț	120	112.1	1981	250	250	X	250	4	230	240	X	240	2	250	260	X	250	1	740	3	527.6026
52	Frigător Horia	C.S. Powerlifting Galda	Galda	120	111.5	1989	200	210	225	225	5	145	185	205	185	5	235	245	245	235	5	645	4	468.723
53	Turuș Dan Ion	C.S. Unirea Alba Iulia	Alba Iulia	120	112.9	1997	270	X	X	270	3	190	197.5	202.5	202.5	4	170	X	X	170	6	642.5	5	457.9944
54	Barna Kakucs	C.S. Cluj Crusaders	Cluj-Napoca	120	116.3	1990	200	220	220	220	6	125	140	145	140	6	220	240	250	250	3	610	6	431.2974
55	Lupaș Florin Ionuț	C.S. Crișul Oradea	Oradea	120 +	138.9	1989	382.5	X	X	382.5	1	300	X	X	300	1	300	312.5	317.5	312.5	1	995	1	620.1212
56	Ordean Daniel	C.S. Activ	Sibiu	120 +	131.6	1995	290	X	X	290	2	227.5	227.5	X	227.5	2	225	250	270	270	3	787.5	2	511.1225
57	Catarambă Alexandru	C.S. Unirea Alba Iulia	Alba Iulia	120 +	120.6	2001	250	260	270	270	3	185	195	200	195	3	200	210	220	220	5	685	3	469.6964
58	Campan Andrei-Matei	C.S. Cluj Crusaders	Cluj-Napoca	120 +	133.2	1991	250	260	270	270	4	140	155	162.5	162.5	4	240	250	265	250	4	682.5	4	455.9976
59	Manda Mihai Marius	C.S.M. Moinești	Moinești	120 +	121.8	1981	220	220	X	220	5	120	130	135	130	5	260	280	280	280	2	630	5	434.1293
60	Rădoi Avram	C.S. Powerlifting Herculane	Herculane	120 +	123.9	1971	195	X	X	195	6	187.5	187.5	X	-	-	175	X	X	175	-	370	-	-

#### CLASAMENT OPEN MASCULIN

NUME SI PRENUME	CLUB	LOC
Moise Gheorghe	C.S. Iron Team Ploiesti	1
Lupaș Florin Ionuț	C.S. Crișul Oradea	2
Cioflică Andrei	C.S. Unirea Alba Iulia	3

#### CLASAMENT ECHIPE MASCULIN

CLUB	PUNCTAJ	LOC
C.S. Unirea Alba Iulia	56	1
C.S. Cluj Crusaders	40	2
C.S. Caza Powerlifting	39	3
C.S. Powerlifting Galda	34	4
C.S. Zamolxis Alba Iulia	34	5
C.S. Iron Team Ploiesti	33	6
C.S. Crișul Oradea	24	7
C.S. Lupaș Power Bihor	19	8
C.S. Athletic Club Powerlifting	17	9
C.S. Activ	15	10
S.C.M. Bacău	15	11
C.S.M. Moinești	14	12
C.S. Vlad Ursu Dac	12	13
C.S. Powerlifting Stremț	8	14
C.S. Viitorul Târgu Neamț	8	15
C.S. Magii	7	16
C.S. Powerlifting Herculane	1	17

#### CLASAMENT SPECIAL OLYMPICS

NUME SI PRENUME	CLUB	LOC
Balog Darius	C.S. Zamolxis Alba Iulia	1

FEMININ - SENIORI

Nr. Crt.	NUME si PRENUME	CLUB	LOCALITATE	Cat. GR.	GR. Corp	Anul nasterii	GENUFLEXIUNI					IMPINS DIN CULCAT					INDREPTARI					TOTAL		
							G1	G2	G3	REZ.	LOC	IC 1	IC 2	IC 3	REZ.	LOC	I1	I2	I3	REZ.	LOC	TOTAL	LOC	Formula IPF
1	Munteanu Miruna-Mihaela	S.C.M. Bacău	Bacău	47	45.9	2003	30	40	45	45	1	27.5	30	32.5	30	1	70	75	85	75	1	150	1	311.178
2	Melecciu Mădălina	S.C.M. Bacău	Bacău	47	45.8	1997	30	35	40	40	2	25	30	30	25	2	50	60	67.5	60	2	125	2	274.8987
3	Bândac Maria Mădălina	S.C.M. Bacău	Bacău	52	52	1999	90	100	110	110	1	45	50	55	55	1	115	122.5	127.5	122.5	1	287.5	1	460.8358
4	Nichita Daniela	C.S. Iron Team Ploiesti	Ploiești	52	49.7	1999	70	80	80	70	2	37.5	40	42.5	40	2	80	90	100	100	2	210	2	365.7302
5	Pantiru Loredana	S.C.M. Bacău	Bacău	52	51.4	2001	40	45	50	50	3	25	30	25	25	3	65	75	82.5	82.5	3	157.5	3	296.1804
6	Floca Mălina	C.S. Zamolxis Alba Iulia	Alba Iulia	57	56.6	1998	97.5	110	X	110	1	55	60	65	65	1	90	100	105	100	2	275	1	430.608
7	Oproiu Sabina	C.S. Iron Team Ploiesti	Ploiești	57	52.4	2005	80	90	100	90	2	50	55	55	50	3	70	80	85	85	5	225	2	376.8536
8	Cazacu Alexandra	C.S. Caza Powerlifting	Timișoara	57	52.4	2003	65	70	82.5	70	3	30	35	37.5	37.5	4	85	95	105	95	3	202.5	3	361.5747
9	Adochiței Mărioara Elena	S.C.M. Bacău	Bacău	57	54.9	2000	45	45	50	50	4	30	35	37.5	37.5	5	85	92.5	92.5	85	6	172.5	4	316.8457
10	Ciubotaru Mălina	S.C.M. Bacău	Bacău	57	54.5	2000	35	35	40	40	5	25	25	27.5	27.5	6	80	87.5	87.5	87.5	4	155	5	287.7502
11	Susanu Andreea	S.C.M. Bacău	Bacău	57	55.2	2003	35	40	45	40	6	25	30	30	25	7	60	65	72.5	65	8	130	6	265.8836
12	Vrancianu Alexandra	S.C.M. Bacău	Bacău	57	55.7	1998	30	30	30	-	-	25	30	30	25	8	60	70	82.5	82.5	7	-	-	-
13	Neculae Diana	C.S. Iron Team Ploiesti	Ploiești	57	56.3	1989	100	100	110	-	-	55	60	60	60	2	100	110	120	120	1	-	-	-
14	Dumitrescu Ștefana	C.S. Iron Team Ploiesti	Ploiești	63	57.9	1988	80	90	100	100	1	50	50	55	55	1	75	85	90	90	4	245	1	386.4683
15	Varga Daniela	S.C.M. Bacău	Bacău	63	59.8	1998	50	55	55	55	3	30	35	35	30	4	90	97.5	97.5	97.5	2	182.5	2	311.1671
16	Dumbrava Lacramioara	S.C.M. Bacău	Bacău	63	60.3	2001	60	65	65	60	2	35	37.5	37.5	35	3	80	80	80	80	5	175	3	301.9042
17	Zodian Bianca Ionela	S.C.M. Bacău	Bacău	63	58	1999	70	70	70	-	-	35	37.5	40	40	2	80	90	95	95	3	-	-	-
18	Iftimescu Gabriela	S.C.M. Bacău	Bacău	63	57.4	1998	30	35	40	35	4	25	25	25	-	-	70	75	75	75	6	-	-	-
19	Covaciu Lorena	C.S. Powerlifting Herculane	Herculane	63	61.3	2005	70	70	70	-	-	30	35	35	30	5	90	95	100	100	1	-	-	-
20	Malița Antonia	C.S. Caza Powerlifting	Timișoara	72	67.4	1995	137.5	142.5	150	142.5	1	85	90	90	90	1	135	145	150	150	2	382.5	1	513.083
21	Tohatan Anca	C.S. Cluj Crusaders	Cluj-Napoca	72	70.2	1985	125	135	135	125	3	65	70	70	65	3	145	152.5	157.5	157.5	1	347.5	2	468.8607
22	Zegheanu Andreea Elena	C.S. Cluj Crusaders	Cluj-Napoca	72	64.6	1994	100	115	120	120	4	65	67.5	70	67.5	2	115	125	127.5	125	4	312.5	3	448.1171
23	Olah Lucica	C.S. Magii	Râmnicu Vâlcea	72	65	1955	115	125	130	125	2	50	55	57.5	55	4	125	132.5	137.5	132.5	3	312.5	4	449.8137
24	Petcu Ioana-Carmen	C.S. Iron Team Ploiesti	Ploiești	72	68.7	1997	100	110	110	100	5	45	55	55	45	5	100	110	115	115	5	260	5	380.3669
25	Didea Cristina Ramona	C.S. Powerlifting Herculane	Herculane	72	64.4	2003	70	75	X	70	6	35	37.5	40	37.5	6	80	85	90	90	6	197.5	6	320.638
26	Chifane Georgiana Lorena	S.C.M. Bacău	Bacău	72	68.9	2002	30	35	40	35	8	25	27.5	27.5	25	7	65	75	80	65	7	125	7	253.7898
27	Teighiu-Jur Beatrice	C.S. Caza Powerlifting	Timișoara	72	64.8	2003	45	52.5	55	52.5	7	30	30	30	-	-	45	50	55	55	8	-	-	-
28	Stăneți-Coșerea Iulia	C.S. Activ	Sibiu	84	81.3	1999	95	110	115	115	1	70	77.5	82.5	77.5	1	95	107.5	120	120	1	312.5	1	411.9164
29	Dabu Laura Maria	C.S. Magii	Râmnicu Vâlcea	84	74.7	1998	100	105	112.5	112.5	2	30	35	40	35	3	95	100	105	105	2	252.5	2	362.7579
30	Paștiu Cristina	C.S. Zamolxis Alba Iulia	Alba Iulia	84	77.9	2000	85	95	100	100	3	35	42.5	42.5	42.5	2	75	85	90	90	3	232.5	3	338.3902
31	Pop Alexandra	SIL B.F.K. Baia Mare	Baia Mare	84 +	94.9	2002	90	100	115	115	1	50	60	60	50	1	110	130	140	140	1	305	1	386.4063

CLASAMENT OPEN FEMININ

NUME SI PRENUME	CLUB	LOC
Malița Antonia	C.S. Caza Powerlifting	1
Tohatan Anca	C.S. Cluj Crusaders	2
Bândac Maria Mădălina	S.C.M. Bacău	3

CLASAMENT ECHIPE FEMININ

CLUB	PUNCTAJ	LOC
S.C.M. Bacău	72	1
C.S. Iron Team Ploiesti	36	2
C.S. Caza Powerlifting	20	3
C.S. Zamolxis Alba Iulia	20	4
C.S. Cluj Crusaders	17	5
C.S. Magii	16	6
C.S. Activ	12	7
SIL B.F.K. Baia Mare	12	8
C.S. Powerlifting Herculane	5	9